

CROSBY-IRONTON SCHOOLS MEAL MENU -

February 1-15

2019

Menu items may change due to availability. Cereal is available as a breakfast alternate daily at both schools.

USDA is an equal opportunity provider and employer.

				1
				Turkey sausage bagel Pineapple, Juice, Milk Taco Joe on a bun Potato wedges Green beans Garden greens salad Pears Milk HS-alternates Taco salad Caesar chicken wrap Grab&Go Grade 9-12
4	5	6	7	8
Maple pancakes,syrup Applesauce,juice,milk Breaded chicken patty on a WW bun Baked beans Caesar salad Peaches Milk HS alternates Chef salad Fajita chicken wrap Grab&Go Grade 9-12	Scrambled egg wrap Peaches,Juice,Milk Taco on a WW tortilla, toppings Chips, salsa, bean dip Seasoned Corn Fresh fruits Milk HS alternates Chix Caesar salad Quesadilla Grab&Go Grade 9-12	Pancake & sausage on a stick Pears, Juice, Milk Turkey gravy Mashed potatoes Glazed Carrots Mixed fruit WW bread & Jelly Milk HS-alternates Chef salad Ham & cheese stacker Grab&Go Grade 9-12	Cereal, Muffin Orange wedges Juice, Milk Popcorn chicken Ginger-soy rice Steamed Broccoli Garden salad Pears Milk HS alternates Chef salad Corn dog Grab&Go Grade 9-12	Egg & cheese biscuit Mixed fruit, juice, Milk Pepperoni Pizza California vegetables Grape tomatoes, Carrots, cucumber Cinnamon applesauce Milk HS alternates Taco salad Yogurt boat Grab&Go Grade 9-12
11	12	13	14	15
Waffles/fruit topping Peaches, Juice, Milk Chicken nuggets Tex Mex bean bake Greek salad Mandarin oranges & pineapple Bread stick Milk HS alternates Chef salad Yogurt parfait Grab&Go Grade 9-12	Breakfast Pizza Applesauce, Juice Milk Ham & cheese sandwich Chicken noodle soup Creamy Coleslaw Peaches Milk HS-alternates Southwest Chix salad Sunbutter-Jelly Sand. Grab&Go Grade 9-12	Apple Frudel Banana, Juice, Milk Three meat pasta bake Bread stick Green beans Broccoli Parm. salad Banana fruit cup Milk HS alternates Taco salad Teriyaki chicken bowl Grab&Go Grade 9-12	Cereal, WW cinn. roll Pears, Juice, Milk Garlic cheese bread Marinara sauce Caesar salad Apple wedges Milk HS alternates Chef salad Pizza burger on a bun Grab&Go Grade 9-12	Turkey sausage bagel Pineapple, Juice, Milk EARLY RELEASE DAY Cheeseburger on a WW bun, toppings Tator tots Fresh broccoli/carrots Pears Milk

CROSBY-IRONTON SCHOOLS MEAL MENU -

February 18-28

2019

Menu items may change due to availability. Cereal is available as a breakfast alternate daily at both schools.

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18	19	20	21	22
NO SCHOOL	Scrambled egg wrap Peaches, Juice, Milk Walking taco Assorted toppings WW roll Fresh crunchy carrots Pears Milk HS-alternates Chef salad Fajita chicken Grab&Go Grade 9-12	Pancake & sausage on a stick Pears, Juice, Milk Corn dog Tex Mex Bean Bake Broccoli craisin salad Tropical fruit Milk HS-alternates Southwest Chix salad Shredded pork / bun Grab&Go Grade 9-12	Cereal, Muffin Orange wedges, Juice, Milk Chili & Bread stick Green Beans Creamy Coleslaw Mixed fruit Frozen juice pop Milk HS-alternates Chef salad Sunbutter-Jelly Sand. Grab&Go Grade 9-12	Egg & cheese biscuit Mixed fruit, juice, Milk Cheese Pizza Monte Carlo vege. Garden fresh greens - salad Applesauce Milk HS-alternates Taco salad Yogurt boat Grab&Go Grade 9-12
25	26	27	28	
Waffles/fruit topping Applesauce, Juice, Milk Chicken Alfredo pasta bake Dinner roll Steamed broccoli Caesar salad Fresh fruit Milk HS-alternates Chef salad Breakfast bowl Grab&Go Grade 9-12	Breakfast pizza Peaches, Juice, Milk Beef hot dog on a WW bun, Baked beans Seasoned Corn Applesauce Milk HS-alternates Caesar chicken salad Fish on a bun Grab&Go Grade 9-12	Apple Frudel Banana, Juice, Milk Teriyaki chicken Rice Pilaf Glazed Carrots Banana fruit cup Dinner roll Milk HS-alternates Chef salad Tuscan chicken Grab&Go Grade 9-12	Cereal, WW cinn. roll Pears, Juice, Milk Garlic cheese bread Marinara sauce Greek Salad Peaches Milk HS alternates Chef salad Pizza burger on a bun Grab&Go Grade 9-12	
Additional choices of fruits or vegetables are offered daily at each school. Cereal is available as a breakfast alternate daily at each school.		Looking for Health or Nutrition resources? We have added site links with interactive games, activities, and funfacts. Just go to the Crosby-Ironton website and look under the Wellness tab.		Meal costs Breakfast -\$1.55 at both schools Lunches C.R.E.S. - \$2.45 H.S. - \$2.70 REMEMBER Each reimbursable meal must contain 1/2 cup of fruit or vegetables.