

CROSBY-IRONTON SCHOOLS MEAL MENU -

MAY 1-17

2019

Menu items may change due to availability. Cereal is available as a breakfast alternate daily at both schools.

USDA is an equal opportunity provider and employer.

		1	2	3
		Pancake & sausage on a stick Pears, Juice, Milk Turkey gravy Mashed potatoes Glazed Carrots Mixed fruit WW bread & Jelly Milk HS-alternates Chef salad Ham & cheese stacker Grab&Go Grade 9-12	Cereal, Muffin Orange wedges Juice, Milk Popcorn chicken Ginger-soy rice Steamed Broccoli Garden salad Pears Milk HS alternates Chef salad Corn dog Grab&Go Grade 9-12	Egg & cheese biscuit Mixed fruit, juice, Milk Pizza California vegetables Grape tomatoes, Carrots, cucumber Cinnamon applesauce Milk HS alternates Taco salad Yogurt boat Grab&Go Grade 9-12
6	7	8	9	10
Waffles/fruit topping Peaches, Juice, Milk Chicken nuggets Tex Mex bean bake Greek salad Mandarin oranges & pineapple Dinner roll Milk HS alternates Chef salad Yogurt parfait Grab&Go Grade 9-12	Breakfast Pizza Applesauce, Juice Milk Turkey & cheese sandwich Broccoli-cheese soup Creamy Coleslaw Peaches Milk HS-alternates Southwest Chix salad Sunbutter-Jelly Sand. Grab&Go Grade 9-12	Apple Frudel Banana, Juice, Milk Breaded pork/bun Brown rice pilaf Green beans Broccoli Parm. salad Banana fruit cup Milk HS alternates Taco salad Teriyaki chicken bowl Grab&Go Grade 9-12	Cereal, WW cinn. roll Pears, Juice, Milk Garlic cheese bread Marinara sauce Caesar salad Apple wedges Milk HS alternates Chef salad Pizza burger on a bun Grab&Go Grade 9-12	Turkey sausage bagel Pineapple, Juice, Milk Shredded smokey pork and cheese on a bun Green beans Creamy coleslaw Mixed fruit Milk HS alternates Chef salad Fish sandwich Grab&Go Grade 9-12
13	14	15	16	17
Maple pancakes, syrup Applesauce, juice, milk Chicken tender wrap with toppings Corn Southwest salad Peaches Milk HS-alternates Chef salad Hot Ham & cheese Grab&Go Grade 9-12	Scrambled egg wrap Peaches, Juice, Milk Walking taco Assorted toppings WW roll Fresh crunchy carrots Pears Milk HS-alternates Chef salad Fajita chicken Grab&Go Grade 9-12	Pancake & sausage on a stick Pears, Juice, Milk Corn dog Tex Mex Bean Bake Broccoli craisin salad Tropical fruit Milk HS-alternates Southwest Chix salad Shredded pork / bun Grab&Go Grade 9-12	Cereal, Muffin Orange wedges, Juice, Milk Cheeseburger on a WW bun, toppings Tator tots Fresh broccoli/carrots Fresh fruit Milk HS alternates Chef salad Fish sandwich Grab&Go Grade 9-12	Egg & cheese biscuit Mixed fruit, juice, Milk Pizza Monte Carlo vege. Garden fresh greens - salad Applesauce Milk HS-alternates Taco salad Yogurt boat Grab&Go Grade 9-12

CROSBY-IRONTON SCHOOLS MEAL MENU -

MAY 20-31

2019

Menu items may change due to availability. Cereal is available as a breakfast alternate daily at both schools.

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20	21	22	23	24
Waffles/fruit topping Applesauce, Juice, Milk	Breakfast pizza Peaches, Juice, Milk	Apple Frudel Banana, Juice, Milk	Cereal, WW cinn. roll Pears, Juice, Milk	Turkey sausage bagel Pineapple, Juice, Milk
Tator-tot hotdish WW Bread & jelly Glazed carrots Caesar salad Fresh fruit Milk HS-alternates Chef salad Breakfast bowl Grab&Go Grade 9-12	Beef hot dog on a WW bun, Baked beans Seasoned Corn Applesauce Milk HS-alternates Caesar chicken salad Fish on a bun Grab&Go Grade 9-12	Orange chicken on Rice Pilaf Broccoli Banana fruit cup Dinner roll Milk HS-alternates Chef salad Tuscan chicken Grab&Go Grade 9-12	Alredo chicken pizza Monte Carlo vege. Greek Salad Peaches Milk HS alternates Chef salad Pizza burger on a bun Grab&Go Grade 9-12	Taco Joe on a bun Potato wedges Green beans Garden greens salad Pears Milk HS-alternates Taco salad Caesar chicken wrap Grab&Go Grade 9-12
27	28	29	30	31
NO SCHOOL MEMORIAL DAY	Maple pancakes, syrup Applesauce, juice, milk Breaded chicken patty on a WW bun Baked beans Caesar salad Peaches Milk HS alternates Chef salad Fajita chicken wrap	Scrambled egg wrap Peaches, Juice, Milk Taco on a WW tortilla, toppings Chips, salsa, bean dip Seasoned Corn Fresh fruits Milk HS alternates Chix Caesar salad Quesadilla	COOKS CHOICE	COOKS CHOICE
		<p>Looking for Health or Nutrition resources? We have added site links with interactive games, activities, and funfacts. Just go to the Crosby-Ironton website and look under the Wellness tab.</p>		<p>Meal costs Breakfast - \$1.55 at both schools Lunches C.R.E.S. - \$2.45 H.S. - \$2.70</p> <p>REMEMBER Each reimbursable meal must contain 1/2 cup of fruit or vegetables.</p>